

# THE GALLOPING HEN

SINCE 1984



## AN EGG-CELLENT DAY STARTS WITH US!

### VENTURA, CA

305 S BORCHARD DR,  
VENTURA, CA 93003

### THOUSAND OAKS, CA

3085 E THOUSAND OAKS BLVD,  
THOUSAND OAKS, CA 91362

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LET US KNOW HOW WE DID



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### OMELETTES

3 Egg Omelette Served with Your Choice of Cheese, Potatoes & Toast

Additional Add-Ons, Sides, Egg Whites Subject to Extra Charge

**#1 California** \$15.99  
Avocado, Spinach, & Cheese

**#2 Spinach, Mushroom & Cheese** \$15.49

**#3 Greek Omelette** \$15.99  
Red Onion, Spinach, Tomato, Feta Cheese

**#4 Bacon, Tomatoes, Onion, Spinach & Cheese** \$16.49

**#5 Western** \$16.45  
Ham, Bell Pepper & Onions  
Our Version of the Denver Omelette

**#6 Hawaiian Omelette** \$15.99  
Ham, Pineapple, Onions, Bell Pepper, Tomatoes, Mushrooms, & Cheese

**#7 Seafood** \$15.99  
Shrimp, Imitation Crab, Avocado & Cheese

**#8 Chile Verde** \$16.49  
Chunks of Pork with Spicy Tomatillo Sauce



**#9 Chile Colorado** \$16.49  
Chunks of Pork with Spicy Red Sauce

**#10 Veggie & Cheese** \$14.99  
Broccoli, Cauliflower, Mushrooms, & Tomatoes

**#11 Bacon, Avocado, & Cream Cheese** \$16.49

**#12 Chorizo Omelette** \$16.49  
Bell Peppers, Onions, Tomatoes, Sour Cream & Mix Cheese

**#13 Ventura** \$15.99  
Spicy Sausage, Onions, Bell Peppers, Mushrooms, & Cheese

**#14 Meat Lovers** \$16.45  
Sausage, Bacon, Ham & Cheese

**#15 Country** \$16.49  
Sausage, Bacon, Onions, Tomatoes, Bell Peppers, Mushrooms, & Cheese



### EGGS BENEDICTS

Our Original Hollandaise Sauce is made the Old Fashioned way from Scratch

**Our Original Eggs Benedict** \$16.49  
Grilled English Muffin, Ham Steak, Poached Eggs, Topped with Hollandaise Sauce & Choice of Potatoes

**Country Eggs Benedict** \$16.49  
Grilled English Muffin, Patty Sausage, Mushrooms, Poached Eggs, Topped with Hollandaise Sauce & Choice of Potatoes

**Eggs Florentine** \$15.99  
Grilled English Muffin, Artichoke Hearts, Spinach, Poached Eggs, Topped with Hollandaise Sauce & Choice of Potatoes

**The Cali Benedict** \$16.49  
Grilled English Muffin, Bacon, Tomatoes, Onions, Jalapenos, Avocado, Poached Eggs, Topped with Hollandaise Sauce & Choice of Potatoes



**Seafood Benedict** \$16.49

Grilled English Muffin, Shrimp, Imitation Crab, Poached Eggs, Topped with Hollandaise Sauce & Choice of Potatoes

### STAX AND THINGS

**Classic Full Stack** \$8.49  
(3 Pancakes)

**Short Stack** \$6.99  
(2 Pancakes)

**Feta Avocado Toast** \$13.49  
Wheat Toast Topped with Avocado, Arugula, Feta Cheese, 1 Egg Your Way & Balsamic Vinegar, Choice of Potatoes or Fruit

**Avocado Toast** \$12.99  
Wheat Toast Topped with Avocado, Tomatoes & 1 Egg Your Way, Choice of Potatoes or Fruit

**Oatmeal** \$9.49  
Served with Brown Sugar & Raisins on the Side, Fruit, Choice of Toast

**Banana Nutella French Toast** \$16.99  
Served with Two Eggs Your Way, Choice of Bacon or Sausage

**The French Connection** \$15.99  
Served with Two Eggs Your Way, Choice of Bacon or Sausage

**Breakfast Sandwich** \$12.49  
Ham Steak, Over-Hard Eggs & American Cheese on Sourdough Bread



**Strawberry Waffles** \$16.99  
Served with Two Eggs Your Way, Choice of Bacon or Sausage

**Belgian Waffle Breakfast** \$15.99  
Served with Two Eggs Your Way, Choice of Bacon or Sausage

**Hen Pancake Breakfast** \$13.99  
Served with Two Eggs Your Way, Choice of Bacon or Sausage  
Add Chocolate Chips \$1.00



## EGG SPECIALTIES



### Two Egg Breakfast \$9.99

Two Eggs Your Way Served  
with Choice of Potatoes & Toast

### The American Breakfast \$12.99

Two Eggs Your Way Served, Choice  
of Bacon, Sausage, or Hamburger  
Patty, Choice of Potatoes & Toast

### Biscuit Breakfast \$11.99

Two Eggs Your Way, Add Gravy \$1.49  
Biscuit, Choice of Bacon  
or Sausage, Fruit

### Ham & Eggs \$12.99

Two Eggs Your Way, Choice  
of Potatoes & Toast

### Huston Scramble \$14.99

Egg Whites, Tomato, Spinach,  
Green Onion, Choice of Potatoes  
& Whole Wheat Toast

### Hen's Scramble \$15.99

Bacon, Onions, Tomatoes,  
Mushrooms, Spinach, & Cheese,  
Choice of Potatoes & Toast

### Buckaroo \$15.99

Grilled Biscuit, Patty Sausage,  
2 Egg Omelette, Topped with our  
Famous Gravy, & Choice of Potatoes



### Chicken Fried Steak & Eggs \$16.99

Topped with our Famous Gravy,  
Two Eggs Your Way, Choice of  
Potatoes & Toast

### Huevos Rancheros \$16.49

Corn Tortilla Layered with Beans  
& Two Eggs, Topped with our House  
Ranchero Sauce & Mix Cheese,  
Served with Rice & Beans

### Chorizo & Eggs \$15.99

The Best Homemade Chorizo in  
Ventura, Served with Rice & Beans,  
Choice of Tortillas

## CHEF SPECIALS

### Corned Beef Hash \$16.49

Served with Two Eggs Your Way,  
Choice of Potatoes & Toast

### Sirloin Steak & Eggs \$16.99

Juicy Steak Served with Two Eggs  
Your Way, Choice of Potatoes  
& Toast

### Steak Ranchero \$16.49

Sirloin, Bell Peppers, Onions,  
Tomatoes, Served with Rice & Beans,  
Choice of Tortillas

### Home Fried Chicken & Waffles \$16.99

Served with your Choice of Potatoes



### Galloping Enchiladas \$15.49

Chicken Stuffed Tortillas Topped  
with a Homemade Red Enchilada  
Sauce, Served with Two Eggs Your  
Way, Rice & Beans

### Popular Breakfast Chilaquiles \$16.49

Bottom Layered with Beans, Topped  
with Onions, Cilantro, Avocado,  
Queso Fresco, Sour Cream, & Two  
Eggs Your Way

### Chicken Wrap \$13.99

Grilled Chicken Breast, Lettuce,  
Tomatoes, Avocados, Wrapped in a  
Flour Tortilla, Served with Fruit  
& Choice of Dressing

## BURRITOS

### The Hen Wet Burrito \$14.99

Stuffed with Chicken, Rice, Beans,  
Onions, Cilantro, Topped with our  
Homemade Chile Verde and Chile  
Colorado Sauce, Cheese and Avocado  
Sub Steak or Chile Verde/Colorado  
with pork for \$1.99

### Chorizo Burrito \$14.49

Three Eggs, Homemade Chorizo, Hen  
Potatoes, Mix Cheese, Served with Salsa  
& Sour Cream on the Side

### Cali Burrito \$15.99

Sirloin Steak, 2 Eggs Over Medium, Fries,  
Avocado, Pico de Gallo, Mix Cheese, Served  
with Salsa & Sour Cream on the Side

### Fernando's Breakfast Burrito \$14.49

Three Eggs, Sausage, Ham, Bacon,  
Hashbrowns, Mix Cheese, Served with  
Salsa & Sour Cream on the Side

## SALADS & SOUPS



### Tuna Salad \$12.49

Mixed Greens, House Tuna  
Salad, Avocado, Tomatoes

### Seafood Salad \$13.99

Mixed Greens, Avocado,  
Tomatoes, Shrimp, Crab

### Chef Breakfast Salad \$12.99

Mixed Greens, Bacon, Ham,  
Turkey, Hard-Boiled Egg, Cheese

### Chicken Salad \$11.99

Mixed Greens, Grilled Chicken  
Breast, Tomatoes

Ask Team Hen for  
Soup of the Day  
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### Cup of Soup \$5.99

### Bowl of Soup \$6.99

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## SUPER SANDWICHES & BURGERS

**Hen Pesto Sandwich** \$12.49  
Grilled Chicken Breast, Tomatoes, Spinach, Pesto Sauce & Cheese

**BLT Supreme** \$10.49  
Bacon, Avocado, Lettuce, Tomatoes, & Mayo

**The B.A.T.H** \$12.49  
Bacon, Turkey, Ham, Tomatoes, Lettuce, Avocado

**Chicken Breast Special** \$11.49  
Grilled Chicken, Lettuce, Tomato, Jack Cheese & Mayo

**Turkey Supreme** \$11.99  
Turkey, Bacon, Tomatoes, Lettuce, Swiss Cheese & Mayo



**Jr's Bacon Cheese Burger** \$11.99  
Bacon, Lettuce, Tomato, Pickles Mayo, Choice of Cheese

**Mushroom Cheeseburger** \$11.99  
Lettuce, Tomatoes, Mushrooms, Pickles, Mayo, Swiss Cheese

**HBLT Burger** \$12.99  
Burger Patty, Bacon, Lettuce, Tomatoes, Avocado, Mayo on Sourdough Bread

**Patty Melt** \$12.99  
Burger Patty, Grilled Red Onions, Swiss Cheese on Rye Bread

**Tuna Melt** \$11.99  
Cheddar Cheese & Filled with our Homemade Tuna

## A LA CARTE SIDES

**Biscuit & Gravy** \$4.49

**Two Biscuits & Gravy** \$6.49

**Side of Rice or Beans** \$3.49

**Bowl of Chile Verde or Chile Colorado** \$7.99

**Side of Bacon** \$4.99

**Side of Link or Patty Sausage** \$3.99

**Side of Hen Potatoes or Hashbrowns** \$3.49

**Side of Corn or Flour Tortillas** \$1.99

## DRINKS

**Coffee** \$3.99

**Hot Tea** \$2.99

**Hot Chocolate** \$3.25

**Chocolate Milk** \$3.49

**Milk** \$2.99

**Iced Tea** \$2.99

**Soft Drinks** \$2.99

Coke, Diet Coke, Sprite, Raspberry Iced Tea, Coke Zero, Lemonade

**Juice** \$3.75

Orange, Apple, Grapefruit, Cranberry, Tomato

## KIDS MENU (MUST BE 12 & UNDER) NO EXCEPTIONS

**Kids American Breakfast** \$8.50  
One Egg Your Way, One Bacon, One Sausage, Choice of Potatoes or Fruit

**Kids French Toast** \$8.50  
One Piece of French Toast Served with One Bacon, One Sausage, One Egg Your Way

**Kids Waffle** \$8.50  
One Kids Size Waffle Served with One Bacon, One Sausage, One Egg Your Way

**Kids Chicken Fingers** \$8.50  
Chicken Fingers served with Fries



**Kids Mickey Mouse Pancake** \$8.50  
One Pancake Served with One Bacon, One Sausage, One Egg Your Way

**Kids Grilled Cheese** \$8.50  
White Toast, Cheddar & American Cheese, Choice of Potatoes or Fruit